

## Child Care Health Consultation Health Issue Training Lesson Plan

**Contractor (LPHA) Name:** CCHC Program Standard Training

**Date Submitted:** 5/16/2019

Health and Safety Standards	Training Levels
<input checked="" type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <b>Source:</b> Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

**Title:** AHA Heartsaver Pediatric First Aid CPR w/ AED 7.5

### Learning Objective(s):

Participants will successfully demonstrate appropriate responses for various emergencies involving children

Topical Outline of Content	Resources Used
<p>Welcome/ Introduction (<i>all video minutes mandated by AHA</i>)</p> <p>First Aid Steps: Indoor and outdoor prevention, car safety and prevention, assessing the scene, washing hands, universal precautions, exposure to blood, taking off gloves, first aid action plans and first aid kits</p> <p>Group A Topics: Illness and Injuries            Stopping bleeding and bandaging, shock, allergic reaction, epinephrine pen,            Asthma, dehydration, diabetes and low blood sugar, heat exhaustion and heat stroke, hypothermia, drowning</p> <p>Group B Topics: Illness and Injuries            Amputation, bites and stings, broken bones, sprains and bruises, burns and electrical injuries, eye injuries, fainting, fever, frostbite, head neck and spine injuries, poison, seizure, splinters, tooth injuries</p> <p>Child CPR/AED/Choking</p> <p>Infant CPR/Choking</p> <p>Adult CPR/AED/Choking (this module optional if provider does not care for children age 13 and over)</p>	<p>AHA Video</p>

### Method(s) of Outcome Evaluation: Skills test

Health Issue Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.